



Junior Blasters - Blast Sessions Weeks 1 to 8

Program	Date	Arrive	Start	Venue	Setup Crews (from 4:45pm)	Welcome Assembly	Skills Rotation (Start Zone)				Blast Time	Closing and Packup
					5 minutes	7-8 mins	7-8 mins	7-8 mins	7-8 mins	20 minutes		
						BLAST ZONE	ZONE #1	ZONE #2	ZONE #3	ZONE #4		
							SCORCHERS	SIXERS	THUNDER	STARS		
							STRIKERS	RENEGADES	HEAT	HURRICANES		
Session 1	Fri 27/10/23	5:15pm	5:30pm	MacDonald Park North	SCORCHERS STRIKERS	Welcome Assembly	Batting Blast (Batting)	Target Take Down (Throwing)	Catching All Stars (Catching)	Knock 'em Down - Build 'em Up (Bowling)	Modified Cricket Game	Pack Up (return equipment to BLAST ZONE)
Session 2	Fri 03/11/23	5:15pm	5:30pm	MacDonald Park North	SIXERS RENEGADES		Batting Blast (Batting)	Target Take Down (Throwing)	Catching All Stars (Catching)	Knock 'em Down - Build 'em Up (Bowling)		
Session 3	Fri 10/11/23	5:15pm	5:30pm	MacDonald Park North	THUNDER HEAT		Cricket Crossfire (Throwing)	Striking Levels (Batting)	Hurricane Handling (Catching)	Bowling FUNdamentals (Bowling)		
Session 4	Fri 17/11/23	5:15pm	5:30pm	MacDonald Park North	STARS HURRICANES		Cricket Crossfire (Throwing)	Striking Levels (Batting)	Hurricane Handling (Catching)	Bowling FUNdamentals (Bowling)		
Session 5	Fri 24/11/23	5:15pm	5:30pm	MacDonald Park North	SCORCHERS STRIKERS		Risky Run Outs (Throwing)	Rapid Fire Batting (Batting)	Protect your cone (Fielding)	Scorcher Ball (Throwing)		
Session 6	Fri 01/12/23	5:15pm	5:30pm	MacDonald Park North	SIXERS RENEGADES		Risky Run Outs (Throwing)	Rapid Fire Batting (Batting)	Protect your cone (Fielding)	Scorcher Ball (Throwing)		
Session 7	Fri 08/12/23	5:15pm	5:30pm	MacDonald Park North	THUNDER HEAT		Clean your Cricket Backyard (Throwing)	Protect your castle (Batting)	Joker Catch (Catching)	Skittle the Stumps (Bowling)		
Session 8	Fri 15/12/23	5:15pm	5:30pm	MacDonald Park North	STARS HURRICANES		Clean your Cricket Backyard (Throwing)	Protect your castle (Batting)	Joker Catch (Catching)	Skittle the Stumps (Bowling)		
						5 minutes	7-8 mins	7-8 mins	7-8 mins	7-8 mins	20 minutes	5 minutes

Blasters Level 1 activities across Blast Zone and Zones 1-4
(Blasters Level 2-3 on Ovals 5-8)

