



Junior Blasters - Blast Sessions Weeks 9 to 14

Program	Date	Arrive	Start	Venue	Setup Crews (from 4:45pm)	Welcome Assembly	Skills Rotation (Start Zone)		Blast Time / Game Format																														
							5 mins	10 mins		10 mins	5 mins	30 min																											
						Blast Zone	ZONE #3	ZONE #4																															
					SCORCHERS		THUNDER																																
					STRIKERS		HEAT																																
					SIXERS		STARS																																
					RENEGADES		HURRICANES																																
						Skills Rotation	Skills Rotation																																
Session 9	Fri 02/02/24	5:15pm	5:30pm	MacDonald Park North	SCORCHERS STRIKERS	Target Takedown (Fielding)	Catching All Stars (Fielding)	Get equipment for blast time	Blast Time with your own team																														
Session 10	Fri 09/02/24	5:15pm	5:30pm	MacDonald Park North	SIXERS RENEGADES	Bowling FUNdamentals (Bowling)	Batting Blast (Batting)																																
Session 11	Fri 16/02/24	5:15pm	5:30pm	MacDonald Park North	THUNDER HEAT	Renegade Relays (Fundamental Movement)	Rob the Nest (Fundamental Movement)	Home Team setup field for a game	<table border="1" style="width: 100%; border-collapse: collapse; text-align: center;"> <thead> <tr style="background-color: #e6f2ff;"> <th colspan="2">Home Team (setup oval)</th> <th colspan="2">Away Team</th> <th>Zone</th> </tr> </thead> <tbody> <tr> <td>SCORCHERS</td> <td>v</td> <td>RENEGADES</td> <td></td> <td>1</td> </tr> <tr> <td>STRIKERS</td> <td>v</td> <td>SIXERS</td> <td></td> <td>2</td> </tr> <tr> <td>THUNDER</td> <td>v</td> <td>HURRICANES</td> <td></td> <td>3</td> </tr> <tr> <td>HEAT</td> <td>v</td> <td>STARS</td> <td></td> <td>4</td> </tr> <tr> <td></td> <td>v</td> <td></td> <td></td> <td></td> </tr> </tbody> </table>	Home Team (setup oval)		Away Team		Zone	SCORCHERS	v	RENEGADES		1	STRIKERS	v	SIXERS		2	THUNDER	v	HURRICANES		3	HEAT	v	STARS		4		v			
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Session 14	Fri 15/03/24	5:15pm	5:30pm	MacDonald Park North	Kids vs Parents - Sausage Sizzle - Trophies																																		

Blasters Level 1 activities across Blast Zone and Zones 1-4
(Blasters Level 2-3 on Ovals 5-8)

