



Cricket Blast Level 1-2 - Blast Sessions
Weeks 1 to 8

Session	Date	Arrive	Start	Venue	Setup Crews (from 4:45pm)	Welcome Assembly	Skills Rotation (Start Zone)				Blast Time	Setup Crews help pickup
							7-8 mins	7-8 mins	7-8 mins	7-8 mins		
						5 minutes	ZONE #1	ZONE #2	ZONE #3	ZONE #4	20 minutes	5 minutes
						BLAST ZONE	STRIKERS	STARS	HEAT	SCORCHERS		
							HURRICANES	THUNDER	RENEGADES			
Session 1	Fri 18/10/24	5:15pm	5:30pm	MacDonald Park North	SCORCHERS RENEGADES	Batting Blast (Batting)	Target Take Down (Throwing)	Catching All Stars (Catching)	Knock 'em Down - Build 'em Up (Bowling)			
Session 2	Fri 25/10/24	5:15pm	5:30pm	MacDonald Park North	HEAT THUNDER	Batting Blast (Batting)	Target Take Down (Throwing)	Catching All Stars (Catching)	Knock 'em Down - Build 'em Up (Bowling)			
						ZONE #1	ZONE #2	ZONE #3	ZONE #4			
						HURRICANES	STRIKERS	STARS	HEAT			
						THUNDER	RENEGADES	SIXERS	SCORCHERS			
Session 3	Fri 01/11/24	5:15pm	5:30pm	MacDonald Park North	STARS HURRICANES	Cricket Crossfire (Throwing)	Striking Levels (Batting)	Hurricane Handling (Catching)	Bowling FUNDamentals (Bowling)			
Session 4	Fri 08/11/24	5:15pm	5:30pm	MacDonald Park North	STRIKERS SIXERS	Cricket Crossfire (Throwing)	Striking Levels (Batting)	Hurricane Handling (Catching)	Bowling FUNDamentals (Bowling)			
						ZONE #1	ZONE #2	ZONE #3	ZONE #4			
						THUNDER	HURRICANES	STRIKERS	STARS			
						RENEGADES	SIXERS	SCORCHERS	HEAT			
Session 5	Fri 15/11/24	5:15pm	5:30pm	MacDonald Park North	SCORCHERS RENEGADES	Risky Run Outs (Throwing)	Rapid Fire Batting (Batting)	Protect your Cone (Fielding)	Scorcher Ball (Throwing)			
Session 6	Fri 22/11/24	5:15pm	5:30pm	MacDonald Park North	HEAT THUNDER	Risky Run Outs (Throwing)	Rapid Fire Batting (Batting)	Protect your Cone (Fielding)	Scorcher Ball (Throwing)			
						ZONE #1	ZONE #2	ZONE #3	ZONE #4			
						RENEGADES	THUNDER	HURRICANES	STRIKERS			
						SIXERS	SCORCHERS	HEAT	STARS			
Session 7	Fri 29/11/24	5:15pm	5:30pm	MacDonald Park North	STARS HURRICANES	Clean your Cricket Backyard (Throwing)	Protect your Castle (Batting)	Joker Catch (Catching)	Skittle the Stumps (Bowling)			
Session 8	Fri 06/12/24	5:15pm	5:30pm	MacDonald Park North	STRIKERS SIXERS	Clean your Cricket Backyard (Throwing)	Protect your castle (Batting)	Joker Catch (Catching)	Skittle the Stumps (Bowling)			
						5 minutes	7-8 mins	7-8 mins	7-8 mins	7-8 mins	20 minutes	5 minutes

Blasters Level 1-2 activities across Blast Zone and Zones 1-4
(Blasters Level 3 on Ovals 5-8)

